



## **What to Bring to Camp**

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- ✓ Closed toed/heeled shoes (Tennis shoes or boots) – Wet pair and a dry pair
- ✓ Clothing for the entire length of your stay (Pants, shorts, shirts, socks, underwear)
- ✓ Rain protection (Poncho or rain coat)
- ✓ A water bottle
- ✓ A drinking cup (With your name on it; cabins have sinks but no water fountains)
- ✓ Toiletries (Soap, shampoo, toothbrush & toothpaste, etc.)
- ✓ Bed Linens (Sleeping bag or sheets and a blanket)
- ✓ Pillow
- ✓ Towel
- ✓ Camera (Optional)
- ✓ Flashlight (Optional)
- ✓ Medications (Medications must be brought in their original container with a note from the parent or guardian regarding administration. All medications will remain in the hands of teachers or nurse—If the group has arranged for one.)
- ✓ *Please see the attached “How to Dress Sheets” for more info on individual activities*

## **What NOT to Bring**

- ✓ Anything you can't afford to lose! (Wyman doesn't accept responsibility for personal items.)
- ✓ Food or snacks (Mice and other critters love this stuff! It's not allowed in cabins)
- ✓ Expensive Electronic Gadgets (video game systems, stereos, etc)
- ✓ Toys
- ✓ Weapons or Tools (Knives, hatchets, martial arts equipment, firearms, fireworks, etc.)
- ✓ Controlled Substances (Alcohol, drugs, cigarettes, etc.)
- ✓ Money
- ✓ Anything not allowed at your school

## **For More Info Call**

Associate Program Directors Office: (636) 938-5245 Ext. 1237